



OVERSEAL RUNNING CLUB

Committee Meeting 12th December 2018

Overseal Pavilion 19:30

1. Attendees

2. Apologies

3. Minutes From Previous Meeting

a. C25k Planning

i. Dates decided as follows:

Meet and greet (village hall) = 6th Jan

Start date c25k = Sun 13th January 2019

Finish date (last run) = Sun 17th March 2019

Celebratory Parkrun = Sat 23rd March 2019

Optional Parkrun = Sun 24th March 2019

Awards night (including giving of c25k medals) Sat 30th
March 2019

Meet and greet (Simon)

ii. Promotion

iii. Payment

iv. Membership cards

v. Feedback from past c25k

vi. AOB

4. Updates

- a. JL meeting/Recent complaint**
- b. C25K artwork (Justin)**
- c. Payments (Mat)**
- d. Membership cards (Vicki)**
- e. Feedback (Emma/Mat)**

5. Official Running Club events

- a. Unofficial Running Club Events**

6. Feedback from JK Recent Jog Leaders Course

- a. Runtogether.co.uk**
- b. Ulearn.com ucoach.com**
- c. Jog Leaders Pack**
- d. Guest Jog Leaders/Coaches for hire**

7. Awards Night Prep

8. C25K equipment order

9. A.O.B